

WEEK # 8	8/4 (COYOTES RINK & SUN DEVILS RINK)	8/5 (COYOTES RINK & SUN DEVILS RINK)	8/6 (COYOTES RINK & SUN DEVILS RINK)	8/7 (COYOTES RINK & SUN DEVILS RINK)	8/8 (COYOTES RINK & SUN DEVILS RINK)	8/9 (COYOTES RINK)
	5:00-5:45 AM OPEN FS 5:45-6:30 AM OPEN FS 6:45-7:30 AM OPEN FS 7:30-8:15 AM OPEN FS 8:15-8:30 AM PRE-PRE – JUV SPECIALTY 8:45-9:30 AM JUV-SR FS 8:45-9:30 AM OPEN FS SDR 9:30-10:15 AM INT – SR FS 9:30-10:15 AM OPEN FS SDR 10:15-10:30 AM JUV-SR SPECIALTY 10:45-11:45 AM JUNIOR-SENIOR – 60 MIN. 1:00-1:45 PM OPEN FS SDR 1:45-2:30 PM OPEN FS SDR 2:15-3:00 PM JUNIOR-SENIOR 3:00-3:45 PM INT – SR FS 4:00-4:45 PM JUV – SR FS 4:45-5:30 PM OPEN FS 5:30-6:15 PM OPEN FS	5:00-5:45 AM OPEN FS 5:45-6:30 AM OPEN FS 6:45-7:30 AM OPEN FS 7:30-8:15 AM OPEN FS 8:15-8:30 AM PRE-PRE – JUV SPECIALTY 8:45-9:30 AM JUV-SR FS 8:45-9:30 AM OPEN FS SDR 9:30-10:15 AM INT – SR FS 9:30-10:15 AM OPEN FS SDR 10:15-10:30 AM JUV-SR SPECIALTY 10:45-11:45 AM JUNIOR-SENIOR – 60 MIN. 1:00-1:45 PM OPEN FS SDR 1:45-2:30 PM OPEN FS SDR 2:15-3:00 PM JUNIOR-SENIOR 3:00-3:45 PM INT – SR FS 4:00-4:45 PM JUV – SR FS 4:45-5:30 PM OPEN FS 5:30-6:15 PM OPEN FS	5:00-5:45 AM OPEN FS 5:45-6:30 AM OPEN FS 6:45-7:30 AM OPEN FS 7:30-8:15 AM OPEN FS 8:15-8:30 AM PRE-PRE – JUV SPECIALTY 8:45-9:30 AM JUV-SR FS 8:45-9:30 AM OPEN FS SDR 9:30-10:15 AM INT – SR FS 9:30-10:15 AM OPEN FS SDR 10:15-10:30 AM JUV-SR SPECIALTY 10:45-11:45 AM JUNIOR-SENIOR – 60 MIN. 1:00-1:45 PM OPEN FS SDR 1:45-2:30 PM OPEN FS SDR 2:15-3:00 PM JUNIOR-SENIOR 3:00-3:45 PM INT – SR FS 4:00-4:45 PM JUV – SR FS 4:45-5:30 PM OPEN FS 5:30-6:15 PM OPEN FS	5:00-5:45 AM OPEN FS 5:45-6:30 AM OPEN FS 6:45-7:30 AM OPEN FS 7:30-8:15 AM OPEN FS 8:30-9:30 AM JUV-SR FS – 60 MIN. 8:45-9:30 AM OPEN FS SDR 9:30-10:30 AM INT – SR FS – 60 MIN. 9:30-10:15 AM OPEN FS SDR 10:45-11:45 AM JUNIOR-SENIOR - 60 MIN. 1:00-1:45 PM OPEN FS SDR 1:45-2:30 PM OPEN FS SDR 2:15-3:00 PM JUNIOR-SENIOR 3:00-3:45 PM JUV – SR FS	5:00-5:45 AM OPEN FS 5:45-6:30 AM OPEN FS 6:45-7:30 AM OPEN FS 7:30-8:15 AM OPEN FS 8:15-8:30 AM PRE-PRE – JUV SPECIALTY 8:45-9:30 AM JUV-SR FS 8:45-9:30 AM OPEN FS SDR 9:30-10:15 AM INT – SR FS 9:30-10:15 AM OPEN FS SDR 10:15-10:30 AM JUV-SR SPECIALTY 10:45-11:45 AM JUNIOR-SENIOR – 60 MIN. 1:00-1:45 PM OPEN FS SDR 1:45-2:30 PM OPEN FS SDR 2:15-3:00 PM JUNIOR-SENIOR 3:00-3:45 PM INT – SR FS 4:00-4:45 PM JUV – SR FS 4:45-5:30 PM OPEN FS 5:30-6:15 PM OPEN FS	7:15-8:00 AM OPEN FS 8:00-8:45 AM OPEN FS

PLEASE PRINT CLEARLY:

SKATER'S NAME: _____ PHONE: _____ PRIMARY COACH: _____
 ADDRESS: _____ CITY: _____ STATE: _____ ZIP: _____ DOB: _____
 E-MAIL ADDRESS: _____ HIGHEST USFSA FREEESKATE LEVEL PASSED AS OF JUNE 25, 2008: _____

PRE-PAID FEES:

_____ 45 MIN. FREESTYLE x \$9.00 = \$ _____
 # _____ 60 MIN. FREESTYLE x \$11.00 = \$ _____
 # _____ 15 MIN. SPECIALTY CLASS x \$5.00 = \$ _____
 # _____ 45 MIN. DANCE/MOVES X \$9.00 = \$ _____

TOTAL # of Sessions _____ SUBTOTAL \$ _____
 Early Bird Discount - (\$25.00) - if applicable
 SUBTOTAL = \$ _____
 _____ % Discount - (\$ _____) - if applicable

GRAND TOTAL \$ _____

PLEASE NOTE: Credit Letters or Regular Freestyle/Specialty Session Tickets from prior months cannot be used towards Summer Training Camp Sessions.

DISCOUNTS: All applicable discounts will be calculated by the Administration Office. Please check applicable discounts (Percentage discounts apply to the total number of Freestyle, Specialty and/or Dance/Moves Sessions only.

Early Bird - \$25.00 OFF "SUBTOTAL" FEES OVER \$250.00 if turned in on or before JUNE 25, 2008 – may be combined with % Discount described below.

5% OFF TOTAL FEES if purchasing 50 - 74 sessions (this discount will be calculated after Early Bird Discount if applicable).

10% OFF TOTAL FEES if purchasing 75 or more sessions (this discount will be calculated after Early Bird Discount if applicable).

EARLY BIRD DEADLINE:
JUNE 25, 2008

DROP-IN RATES:

45 min. Freestyle	=	\$14.00
60 min. Freestyle	=	\$14.00
15 min. Specialty Class	=	\$ 6.50
45 min. Dance/Moves	=	\$14.00
45 min. Off-Ice	=	\$17.00

Drop-in rates will apply for any session not pre-scheduled on contract. Skaters must turn in a Summer Training Camp ticket to the Music Attendant for all drop-in sessions. *PLEASE KNOW THAT DROP-INS ARE FIRST COME FIRST SERVED. BUYING A TICKET DOES NOT GUARANTEE A SPOT. YOU MUST BE ONE OF THE FIRST SKATERS TO TURN YOUR TICKET INTO THE MUSIC ATTENDANT.

CONTRACT #2 DEADLINE: JUNE 30, 2008 – NO EXCEPTIONS!!

RELEASE:

CONSENT TO TREAT: I certify that, as parent or guardian of said participant, I give my consent to Alltel Ice Den and their staff to obtain medical care from any licensed physician, hospital, or clinic for said participant, for any injury that could arise from participation in any activities at Alltel Ice Den. **RELEASE:** In consideration of being permitted to participate in on and off-ice skating related activities at the Alltel Ice Den, I agree to the following:

I understand and appreciate that, there are risks of serious personal injury in connection with participation and voluntarily assume and accept those risks. I unconditionally release, waive and covenant not to sue Coyotes Ice, LLC ("Alltel Ice Den"), and any of their affiliates and subsidiaries, their promotional sponsors and advertisers and all their agents, servants and employees from any and all suits, claims, and demands of any kind for personal injuries, property damage, including but not limited to lost or stolen goods, that I may sustain while participation in any activities at the Alltel Ice Den. I hereby give my consent to Coyotes Ice, LLC to use my image/likeness (or in the case of a child . . . my child's image/likeness) for the purpose of inclusion in any publication related to the Alltel Ice Den.

REFUND POLICY: Refund requests will be granted only in the event of an injury or illness. All requests must be submitted in writing and must be accompanied by a physician's statement indicating the nature of the injury/illness and the length of recovery. No refunds will be given to a registrant who leaves of their own accord or fails to attend.

REMINDER

- o CHANGES TO YOUR SESSION CHOICES MUST BE DONE THROUGH THE ADMINISTRATION OFFICE WITHIN 48 HRS. OF MISSING A SESSION TO RESCHEDULE OR RECEIVE CREDIT (480-473-5811)
- o FOUR (4) CHANGES/CREDITS ARE PERMITTED FOR SUMMER CONTRACT #2 FOR ON ICE FREESTYLE SESSIONS, SPECIALTY CLASSES, DANCE/MOVES SESSIONS ONLY.
- o A CHANGE CONSISTS OF ONE OR ALL SESSIONS ORIGINALLY SCHEDULED PER DAY. CHANGES/SWITCHES MAY BE NOT DONE THROUGH THE MUSIC PERSON OR COACHES.

I, the undersigned, understand and agree to all of the above policies:

Participant's Signature: _____
(Parent or Guardian if participant is under 18 years of age)

Date: _____

PAYMENT: Cash Check # _____ CC # _____ Exp. _____ CVC # _____ Date: _____ Please make checks payable to: COYOTES ICE All checks will be processed electronically in accordance with the "Check 21" law.

CONTRACT #2 DEADLINE: JUNE 30, 2008 – NO EXCEPTIONS!!

QUALIFICATIONS (ABRIDGED VERSION – COMPLETE TRAINING CAMP POLICIES AND PROCEDURES MAY BE OBTAINED FROM THE ADMINISTRATION OFFICE):

DRESS CODE: Proper skating or exercise attire is MANDATORY. No jeans, shorts, halter-tops, exercise bras or baseball caps permitted. **No bare midriffs** – tops or shirts must completely cover the midriff area. Long hair must be securely tied back. Laces of skates tucked in.

LOCKER ROOMS/SURFACE ACCESS: All skaters are required to use the assigned Locker Rooms to change their skates. Please check the Television Monitors located in the lobby of the Ice Den for locker room assignments. Please do not change your skates in the Lobby of the Ice Den. Parents may accompany their skaters to the Locker Rooms in order to assist them with their equipment. All skaters must enter and exit the ice surface thru the assigned hallway. No other doors are to be used (unless emergency situations arise). At the end of a session, the same door will be opened for skaters to exit or enter for the next session.

SESSIONS:

Skaters must skate on sessions determined by the highest USFS test passed as of May 24, 2008. ISI skaters must skate at the corresponding USFS level. Reservations will not be honored in the event of a skater's misrepresentation of their test level.

- **OPEN:** Open to all skaters who have passed Basic 6 or above. Skaters at levels lower than Basic 6, must be accompanied by a coach for at least a portion of the session.
- **JUVENILE - SENIOR:** Skaters who have passed the Juvenile Freeskate test or Juvenile Pair test or higher. Adult skaters who have passed the Adult Silver Freeskate test or higher. Dancers who have passed all of the Pre-Silver dances.
- **INTERMEDIATE THRU SENIOR:** Skaters who have passed the Intermediate Freeskate test, Intermediate Pair test, Dance Teams passed Intermediate Free Dance test or higher. (No individual dance allowed)
- **JUNIOR-SENIOR:** Skaters who have passed the Junior Freeskate test, Junior Pair test, Dance Teams passed Junior Free Dance test or higher. (No individual dance allowed)
- **DANCE OR MOVES:** Open to all skaters who are working on dances or moves in the field tests only. (No pairs allowed)
- **DANCE PRACTICE/LESSONS:** Individual Dancers allowed on all open FS sessions. Dancers wishing to dance on Juv-Sr level freestyle sessions must have passed the following Dance level:
 - Juv-Sr Freestyle Sessions – Dancers must have passed all of the Pre-Silver dances.

SPECIALTY CLASSES: Specialty classes are designed to develop proper skating technique, power and endurance together with increasing edge quality and footwork in skating. Classes will be conducted in spins, jumps, footwork, stroking, edge and field moves.

- #1 Passed Pre-Preliminary FS – Juvenile Freeskate levels
 - #2 Passed Juvenile Freeskate - Senior Freeskate levels
-

OFF-ICE CLASSES: See attached Off-Ice Contract to sign up for the following classes.

Off-ice class groups are **NOT** based on skating levels (except for the Off-ice Jumps class). Age, physical ability, and maturity are all factors that are considered. The instructors will notify participants if they feel that a participant should be moved to a different class level. Participants must have proper training shoes and attire to participate in all classes. **NO REFUNDS OR CREDITS FOR OFF-ICE CLASSES.**

- **OFF-ICE JUMPS:**

Classes will focus on jumping techniques, rotation and landing positions. Skaters should be participating in Freeskate 4 or higher. Participants must have proper training shoes (no flip-flops or bare feet) and exercise clothing to participate in all classes, **NO EXCEPTIONS.**
- **STRENGTH AND CONDITIONING:**

Classes will focus on strength, power and cardiovascular conditioning. Participants must have proper training shoes (no flip-flops or bare feet) and exercise clothing to participate in all classes, **NO EXCEPTIONS.** Exercises will be age appropriate. Age 7 & up.
- **BALLET:** All classes will focus on body alignment, posture and extension. Skaters must wear ballet slippers. Attire must be either skating attire or ballet attire (black leotard and pink tights). Hair must be securely tied back in a bun or ponytail.
 - **Beginner Ballet:** Class will emphasize standard basic ballet positions and will be structured to assist the figure skater with correctness of posture, balance and head/arm positions. Ballet instructors will evaluate all participants to ensure proper class placement.
 - **Beginner- Intermediate:** Participants must know standard basic ballet positions with correctness of posture, balance and head/arm positions. This class will introduce more difficult ballet exercises covering the barre, center and diagonale. Ballet instructors have the authority to transfer students to the lower level class if further development of the basic skills is necessary.
 - **Int/Advanced Ballet:** Participants must have completed at least one consistent full year of ballet classes. This class will cover more difficult ballet exercises covering the barre, center and diagonale. Ballet instructors have the authority to transfer students to the lower level class if further development of the basic skills is necessary.

WEEK # 8	8/4 (COYOTES RINK & SUN DEVILS RINK) 5:00-5:45 AM OPEN FS 5:45-6:30 AM OPEN FS 6:45-7:30 AM OPEN FS 7:30-8:15 AM OPEN FS 8:15-8:30 AM PRE-PRE – JUV SPECIALTY 8:45-9:30 AM JUV-SR FS 8:45-9:30 AM OPEN FS SDR 9:30-10:15 AM INT – SR FS 9:30-10:15 AM OPEN FS SDR 10:15-10:30 AM JUV-SR SPECIALTY 10:45-11:45 AM JUNIOR-SENIOR – 60 MIN. 1:00-1:45 PM OPEN FS SDR 1:45-2:30 PM OPEN FS SDR 2:15-3:00 PM JUNIOR-SENIOR 3:00-3:45 PM INT – SR FS 4:00-4:45 PM JUV – SR FS 4:45-5:30 PM OPEN FS 5:30-6:15 PM OPEN FS	8/5 (COYOTES RINK & SUN DEVILS RINK) 5:00-5:45 AM OPEN FS 5:45-6:30 AM OPEN FS 6:45-7:30 AM OPEN FS 7:30-8:15 AM OPEN FS 8:15-8:30 AM PRE-PRE – JUV SPECIALTY 8:45-9:30 AM JUV-SR FS 8:45-9:30 AM OPEN FS SDR 9:30-10:15 AM INT – SR FS 9:30-10:15 AM OPEN FS SDR 10:15-10:30 AM JUV-SR SPECIALTY 10:45-11:45 AM JUNIOR-SENIOR – 60 MIN. 1:00-1:45 PM OPEN FS SDR 1:45-2:30 PM OPEN FS SDR 2:15-3:00 PM JUNIOR-SENIOR 3:00-3:45 PM INT – SR FS 4:00-4:45 PM JUV – SR FS 4:45-5:30 PM OPEN FS 5:30-6:15 PM OPEN FS	8/6 (COYOTES RINK & SUN DEVILS RINK) 5:00-5:45 AM OPEN FS 5:45-6:30 AM OPEN FS 6:45-7:30 AM OPEN FS 7:30-8:15 AM OPEN FS 8:15-8:30 AM PRE-PRE – JUV SPECIALTY 8:45-9:30 AM JUV-SR FS 8:45-9:30 AM OPEN FS SDR 9:30-10:15 AM INT – SR FS 9:30-10:15 AM OPEN FS SDR 10:15-10:30 AM JUV-SR SPECIALTY 10:45-11:45 AM JUNIOR-SENIOR – 60 MIN. 1:00-1:45 PM OPEN FS SDR 1:45-2:30 PM OPEN FS SDR 2:15-3:00 PM JUNIOR-SENIOR 3:00-3:45 PM INT – SR FS 4:00-4:45 PM JUV – SR FS 4:45-5:30 PM OPEN FS 5:30-6:15 PM OPEN FS	8/7 (COYOTES RINK & SUN DEVILS RINK) 5:00-5:45 AM OPEN FS 5:45-6:30 AM OPEN FS 6:45-7:30 AM OPEN FS 7:30-8:15 AM OPEN FS 8:30-9:30 AM JUV-SR FS – 60 MIN. 8:45-9:30 AM OPEN FS SDR 9:30-10:30 AM INT – SR FS – 60 MIN. 9:30-10:15 AM OPEN FS SDR 10:45-11:45 AM JUNIOR-SENIOR - 60 MIN. 1:00-1:45 PM OPEN FS SDR 1:45-2:30 PM OPEN FS SDR 2:15-3:00 PM JUNIOR-SENIOR 3:00-3:45 PM JUV – SR FS	8/8 (COYOTES RINK & SUN DEVILS RINK) 5:00-5:45 AM OPEN FS 5:45-6:30 AM OPEN FS 6:45-7:30 AM OPEN FS 7:30-8:15 AM OPEN FS 8:15-8:30 AM PRE-PRE – JUV SPECIALTY 8:45-9:30 AM JUV-SR FS 8:45-9:30 AM OPEN FS SDR 9:30-10:15 AM INT – SR FS 9:30-10:15 AM OPEN FS SDR 10:15-10:30 AM JUV-SR SPECIALTY 10:45-11:45 AM JUNIOR-SENIOR – 60 MIN. 1:00-1:45 PM OPEN FS SDR 1:45-2:30 PM OPEN FS SDR 2:15-3:00 PM JUNIOR-SENIOR 3:00-3:45 PM INT – SR FS 4:00-4:45 PM JUV – SR FS 4:45-5:30 PM OPEN FS 5:30-6:15 PM OPEN FS	8/9 (COYOTES RINK) 7:15-8:00 AM OPEN FS 8:00-8:45 AM OPEN FS
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CUSTOMER COPY

CONTRACT #2 DEADLINE: JUNE 30, 2008 – NO EXCEPTIONS!!

DROP-IN RATES:

45 min. Freestyle	=	\$14.00
60 min. Freestyle	=	\$14.00
15 min. Specialty Class	=	\$ 6.50
45 min. Dance/Moves	=	\$14.00

Drop-in rates will apply for any session not pre-scheduled on contract. Skaters must turn in a Summer Training Camp ticket to the Music Attendant for all drop-in sessions. *PLEASE KNOW THAT DROP-INS ARE FIRST COME FIRST SERVED. BUYING A TICKET DOES NOT GUARANTEE A SPOT. YOU MUST BE ONE OF THE *FIRST* SKATERS TO TURN YOUR TICKET INTO THE MUSIC ATTENDANT.

ALLTEL ICE DEN

SUMMER TRAINING CAMP – OFF ICE CONTRACT #2

JULY 14 – AUG 8, 2008

SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK # 5	7/14 (VELOCITY) 9:45-10:30 AM OFF-ICE JUMPS – OPEN 10:45-11:30 AM OFF-ICE JUMPS PRE-JUV – SR	7/15 (PLUMB) 9:45-10:30 AM BALLET – BEGINNER 10:45-11:30 AM BALLET – BEGINNER- INT. 12:15-1:00 PM BALLET – INT/ADV.	7/16 (VELOCITY) 9:45-10:30 AM STRENGTH (7-12 YEAR OLDS) 10:45-11:30 AM STRENGTH (13 & OLDER)	7/17 (PLUMB) 9:45-10:30 AM BALLET – BEGINNER 10:45-11:30 AM BALLET – BEGINNER- INT 12:15-1:00 PM BALLET – INT/ADV	7/18 CACTUS CLASSIC
WEEK # 6	7/21 (VELOCITY) 9:45-10:30 AM OFF-ICE JUMPS – OPEN 10:45-11:30 AM OFF-ICE JUMPS PRE-JUV – SR	7/22 (PLUMB) 9:45-10:30 AM BALLET – BEGINNER 10:45-11:30 AM BALLET – BEGINNER- INT 12:15-1:00 PM BALLET – INT/ADV.	7/23 (VELOCITY) 9:45-10:30 AM STRENGTH (7-12 YEAR OLDS) 10:45-11:30 AM STRENGTH (13 & OLDER)	7/24 (PLUMB) 9:45-10:30 AM BALLET – BEGINNER 10:45-11:30 AM BALLET – BEGINNER- INT 12:15-1:00 PM BALLET – INT/ADV	7/25 (VELOCITY) 9:45-10:30 AM STRENGTH (7-12 YEAR OLDS) 10:45-11:30 AM STRENGTH (13 & OLDER)
WEEK # 7	7/28 (VELOCITY) 9:45-10:30 AM OFF-ICE JUMPS – OPEN 10:45-11:30 AM OFF-ICE JUMPS PRE-JUV – SR	7/29 (PLUMB) 9:45-10:30 AM BALLET – BEGINNER 10:45-11:30 AM BALLET – BEGINNER- INT 12:15-1:00 PM BALLET – INT/ADV.	7/30 (VELOCITY) 9:45-10:30 AM STRENGTH (7-12 YEAR OLDS) 10:45-11:30 AM STRENGTH (13 & OLDER)	7/31 (PLUMB) 9:45-10:30 AM BALLET – BEGINNER 10:45-11:30 AM BALLET – BEGINNER- INT 12:15-1:00 PM BALLET – INT/ADV	8/1 VELOCITY) 9:45-10:30 AM STRENGTH (7-12 YEAR OLDS) 10:45-11:30 AM STRENGTH (13 & OLDER)
WEEK # 8	8/4 (VELOCITY) 9:45-10:30 AM OFF-ICE JUMPS – OPEN 10:45-11:30 AM OFF-ICE JUMPS PRE-JUV – SR	8/5 (PLUMB) 9:45-10:30 AM BALLET – BEGINNER 10:45-11:30 AM BALLET – BEGINNER- INT 12:15-1:00 PM BALLET – INT/ADV.	8/6 (VELOCITY) 9:45-10:30 AM STRENGTH (7-12 YEAR OLDS) 10:45-11:30 AM STRENGTH (13 & OLDER)	8/7 (PLUMB) 9:45-10:30 AM BALLET – BEGINNER 10:45-11:30 AM BALLET – BEGINNER- INT 12:15-1:00 PM BALLET – INT/ADV	8/8 (VELOCITY) 9:45-10:30 AM STRENGTH (7-12 YEAR OLDS) 10:45-11:30 AM STRENGTH (13 & OLDER)

PRE-PAID FEES:

_____ 45 MIN. OFF-ICE X \$15.00 = \$ _____

GRAND TOTAL \$ _____

- **PLEASE NOTE: Credit Letters or Regular Freestyle/Specialty Session Tickets from prior months cannot be used towards Summer Training Camp Sessions. NO CREDITS OR REFUNDS FOR OFF-ICE CLASSES.**
- **CONTRACT #2 DEADLINE: JUNE 30, 2008 – NO EXCEPTIONS!!**

OFF-ICE CLASSES: Classes are held at Velocity Sports Performance or Plumb Performing Arts Center. Ask the administration department for directions to these facilities.

OFF-ICE QUALIFICATIONS:

Off-ice class groups are **NOT** based on skating levels (except for the Off-ice Jumps class). Age, physical ability, and maturity are all factors that are considered. The instructors will notify participants if they feel that a participant should be moved to a different class level. Participants must have proper training shoes and attire to participate in all classes.

- **OFF-ICE JUMPS:**
Classes will focus on jumping techniques, rotation and landing positions. Skaters should be participating in Freeskate 4 or higher. Participants must have proper training shoes (no flip-flops or bare feet) and exercise clothing to participate in all classes, NO EXCEPTIONS.
- **STRENGTH AND CONDITIONING:**
Classes will focus on strength, power and cardiovascular conditioning. Participants must have proper training shoes (no flip-flops or bare feet) and exercise clothing to participate in all classes, NO EXCEPTIONS. Exercises will be age appropriate.
- **BALLET:** All classes will focus on body alignment, posture and extension. Skaters must wear ballet slippers. Attire must be either skating attire or ballet attire (black leotard and pink tights). Hair must be securely tied back in a bun or ponytail.
 - **Beginner Ballet:** Class will emphasize standard basic ballet positions and will be structured to assist the figure skater with correctness of posture, balance and head/arm positions. Ballet instructors will evaluate all participants to ensure proper class placement.
 - **Beginner- Intermediate:** Participants must know standard basic ballet positions with correctness of posture, balance and head/arm positions. This class will introduce more difficult ballet exercises covering the barre, center and diagonale. Ballet instructors have the authority to transfer students to the lower level class if further development of the basic skills is necessary.
 - **Int/Advanced Ballet:** Participants must have completed at least one consistent full year of ballet classes. This class will cover more difficult ballet exercises covering the barre, center and diagonale. Ballet instructors have the authority to transfer students to the lower level class if further development of the basic skills is necessary.

DROP-IN RATE:

45 min. Off-Ice = \$17.00

Drop-in rates will apply for any session not pre-scheduled on contract. Skaters must turn in a Summer Training Camp ticket to the Off-Ice Instructor for all drop-in sessions.

RELEASE:

CONSENT TO TREAT: I certify that, as parent or guardian of said participant, I give my consent to Alltel Ice Den and their staff to obtain medical care from any licensed physician, hospital, or clinic for said participant, for any injury that could arise from participation in any activities at Alltel Ice Den. **RELEASE:** In consideration of being permitted to participate in on and off-ice skating related activities at the Alltel Ice Den, I agree to the following:

I understand and appreciate that, there are risks of serious personal injury in connection with participation and voluntarily assume and accept those risks. I unconditionally release, waive and covenant not to sue Coyotes Ice, LLC ("Alltel Ice Den"), and any of their affiliates and subsidiaries, their promotional sponsors and advertisers and all their agents, servants and employees from any and all suits, claims, and demands of any kind for personal injuries, property damage, including but not limited to lost or stolen goods, that I may sustain while participation in any activities at the Alltel Ice Den. I hereby give my consent to Coyotes Ice, LLC to use my image/likeness (or in the case of a child . . . my child's image/likeness) for the purpose of inclusion in any publication related to the Alltel Ice Den.

REFUND POLICY: Refund requests will be granted only in the event of an injury or illness. All requests must be submitted in writing and must be accompanied by a physician's statement indicating the nature of the injury/illness and the length of recovery. No refunds will be given to a registrant who leaves of their own accord or fails to attend.

- NO CREDITS OR REFUNDS FOR OFF-ICE CLASSES

I, the undersigned, understand and agree to all of the above policies:

Participant's Signature: _____
(Parent or Guardian if participant is under 18 years of age)

Date: _____

PAYMENT: Cash Check # _____ CC # _____ Exp. _____ CVC # _____ Date: _____

Please make checks payable to: COYOTES ICE

All checks will be processed electronically in accordance with the "Check 21" law.

CONTRACT #2 DEADLINE: JUNE 30, 2008 – NO EXCEPTIONS

**CUSTOMER COPY
ALLTEL ICE DEN**

SUMMER TRAINING CAMP – OFF ICE CONTRACT #2 JULY 14 – AUG 8, 2008

SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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WEEK # 6	7/21 (VELOCITY) 9:45-10:30 AM OFF-ICE JUMPS – OPEN 10:45-11:30 AM OFF-ICE JUMPS PRE-JUV – SR	7/22 (PLUMB) 9:45-10:30 AM BALLETT – BEGINNER 10:45-11:30 AM BALLETT – BEGINNER- INT 12:15-1:00 PM BALLETT – INT/ADV.	7/23 (VELOCITY) 9:45-10:30 AM STRENGTH (7-12 YEAR OLDS) 10:45-11:30 AM STRENGTH (13 & OLDER)	7/24 (PLUMB) 9:45-10:30 AM BALLETT – BEGINNER 10:45-11:30 AM BALLETT – BEGINNER- INT 12:15-1:00 PM BALLETT – INT/ADV	7/25 (VELOCITY) 9:45-10:30 AM STRENGTH (7-12 YEAR OLDS) 10:45-11:30 AM STRENGTH (13 & OLDER)
WEEK # 7	7/28 (VELOCITY) 9:45-10:30 AM OFF-ICE JUMPS – OPEN 10:45-11:30 AM OFF-ICE JUMPS PRE-JUV – SR	7/29 (PLUMB) 9:45-10:30 AM BALLETT – BEGINNER 10:45-11:30 AM BALLETT – BEGINNER- INT 12:15-1:00 PM BALLETT – INT/ADV.	7/30 (VELOCITY) 9:45-10:30 AM STRENGTH (7-12 YEAR OLDS) 10:45-11:30 AM STRENGTH (13 & OLDER)	7/31 (PLUMB) 9:45-10:30 AM BALLETT – BEGINNER 10:45-11:30 AM BALLETT – BEGINNER- INT 12:15-1:00 PM BALLETT – INT/ADV	8/1 VELOCITY 9:45-10:30 AM STRENGTH (7-12 YEAR OLDS) 10:45-11:30 AM STRENGTH (13 & OLDER)
WEEK # 8	8/4 (VELOCITY) 9:45-10:30 AM OFF-ICE JUMPS – OPEN 10:45-11:30 AM OFF-ICE JUMPS PRE-JUV – SR	8/5 (PLUMB) 9:45-10:30 AM BALLETT – BEGINNER 10:45-11:30 AM BALLETT – BEGINNER- INT 12:15-1:00 PM BALLETT – INT/ADV.	8/6 (VELOCITY) 9:45-10:30 AM STRENGTH (7-12 YEAR OLDS) 10:45-11:30 AM STRENGTH (13 & OLDER)	8/7 (PLUMB) 9:45-10:30 AM BALLETT – BEGINNER 10:45-11:30 AM BALLETT – BEGINNER- INT 12:15-1:00 PM BALLETT – INT/ADV	8/8 (VELOCITY) 9:45-10:30 AM STRENGTH (7-12 YEAR OLDS) 10:45-11:30 AM STRENGTH (13 & OLDER)

DROP-IN RATE:

45 min. Off-Ice = \$17.00

Drop-in rates will apply for any session not pre-scheduled on contract. Skaters must turn in a Summer Training Camp ticket to the Off-Ice Instructor for all drop-in sessions.

NO CREDITS OR REFUNDS FOR OFF-ICE CLASSES