



Your Official Source for CAHA News

Welcome Aboard Coaches

New travel coaches join the Jr. Coyotes family

With the start of a new travel season upon the Jr. Coyotes, several teams will welcome new faces to the CAHA Jr. Coyotes coaching staff, including the U15 AAA coach Ryan Bencurik and Squirt 2001 coach Keith Carney.

Originally from Chicago, Ryan has been working with the Lincoln Stars and the Tri-City Storm of the USHL as an assistant coach for more than 5 years. He originally moved to Lincoln to become the head coach of the Lincoln Junior Stars and after once successful year was promoted to first assistant with the USHL's Lincoln Stars. Ryan has recruited and trained players from all over the country and has seen his players have successful Division I and even NHL careers.

As a player, Ryan received two full scholarships to prominent Division I schools. He started his college career with the University of New Hampshire and later transferred to the University of Nebraska-Omaha. He helped UNO become a finalist in the CCHA during his senior year. Before playing for UNO he played for the Omaha Lancers, Des Moines Buccaneers and Lincoln Stars of the USHL. Most players would be elated to win a Clark Club Championship while playing in the USHL, but Ryan is the only player in USHL history to win three championships with three different teams. He was a three-time all-star defenseman and also won one Anderson Cup and a National Championship with Des Moines.

After finishing a brief pro career that stretched from New York to Wichita, he has dedicated his life to the development of hockey players of all ages.

"The U15AAA team will certainly be a great experience as we look to develop future players for the Tier 1 Elite



Ryan Bencurik

League," states Coach Bencurik. "Carrying only 3 lines and 5 or 6 defenseman will only add to the amount of ice time and potential for these kids to develop. I look forward to working closely with Mike De Angelis and the U16AAA in order to prepare the upcoming players for elite play. I would imagine that our systems and philosophies would be very similar in order to ease the transition between levels," he adds.

Former NHL'er Keith Carney has also been added as a new coach of the Squirt 2001 Jr. Coyotes. "Our association is excited to have another top level pro player join our coaching ranks for next year," states travel director Mike De Angelis. "The Jr. Coyotes kids should benefit for many years to come with Coach Carney's knowledge of the game."

Carney played his 1000th NHL game during his two seasons with the Minnesota Wild which capped his fantastic career which included Anaheim Ducks, Phoenix Coyotes, Chicago Blackhawks, Vancouver Canucks.

Inside this Issue

**Jr. Coyotes welcome new coaches • Thoughts from Coach Mike
Hot Dawg Camp Photo Highlights • Former CAHA kid feels the Draft •
House & Travel Prep Camp schedules • CAHA Time lines • more**



Thoughts from COACH MIKE

Mike De Angelis
CAHA Director
of Travel Hockey



Practicing With A Purpose

The sooner that our youth players better understand the important of practicing harder, the farther ahead they will be beyond their competition. The younger players appear to have a limited knowledge of how critical it is to developing themselves in practice sessions. We constantly try to educate our players that the way they perform in the practice, is a direct translation into how they will perform on the weekend. Constantly prodding our skaters to push their own limits will allow them to find new top gear where they are always amazed to find. I have seen multiple sessions where players go half speed, but then I witness a whole new effort level at game time! This type of cycle need to be broken by coaches and the players be taught the concept of training to perform at the highest level, everyday. They all need to find the drive within to push hard during the team sessions as their overall conditioning; ability and game timing will be greatly improved. Players who grasp this important element will see the benefits come to them in game time; they will realize that training all week at the highest speed that will carry over to games. Most elite level players will come accustomed to this effort and naturally will fall into a game speed that is required to become a top skater at any level.

I am not sure at what age most kids learn this important lesson about effort in practice, but certainly when a skater has high aspirations to play AAA hockey or higher, this is one element that is absolutely required during the player's individual development.

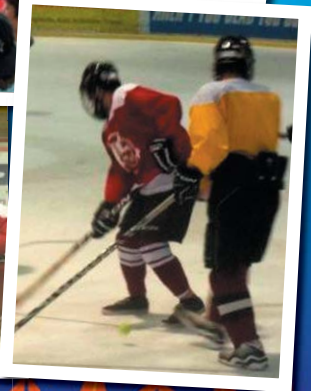
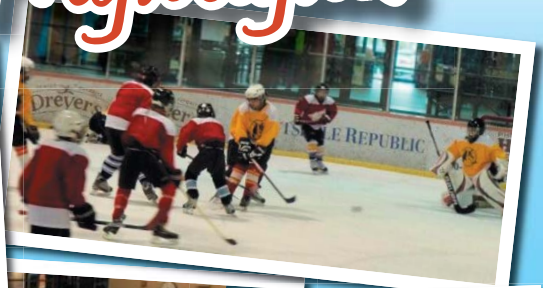

Coach Mike



House News



Skillin' -N- Grillin' Highlights



Former CAHA Kid feels the Draft Phoenix Coyotes pick Scottsdale's Zac Larraza

Using their eighth and final pick of the draft, the Phoenix Coyotes selected Zac Larraza, who skated for many years at the Ice Den. Zac previously played for the P.F. Chang's Midget teams that were under the Jr. Coyotes association, CAHA. Larraza (6-2, 194 pounds) is a left wing that has dominated the AZ youth hockey scene for many years. Eventually he was chosen to play for the USA Hockey National Development Program out of Ann Arbor Michigan.

Next season he is headed to the University of Denver on scholarship to play with the Pioneers of the W.C.H.A.

"I think my biggest strength is my size and shot and I still have room to grow," Larraza said.

Growing up in Scottsdale, most of Larraza's friends were playing baseball and football outside in the bright, sunny weather. His dad, a Michigan native, introduced him to hockey and he was hooked. Now, Larraza's long-term goal is to play for the team he grew up rooting for across the Valley, the N.H.L's Phoenix Coyotes. "It's just an incredible feeling and it's starting to hit me more and more," Larraza said after the draft ended. "There are no words for me to explain how happy I am!" Jr. Coyotes Travel Director, Mike De Angelis, added, "The entire association is very proud of Zac and his accomplishments! We will also be following his progress very closely next year at DU and for many years to come."

Please visit CoyotesIce.com to check out a video interview with Zac.

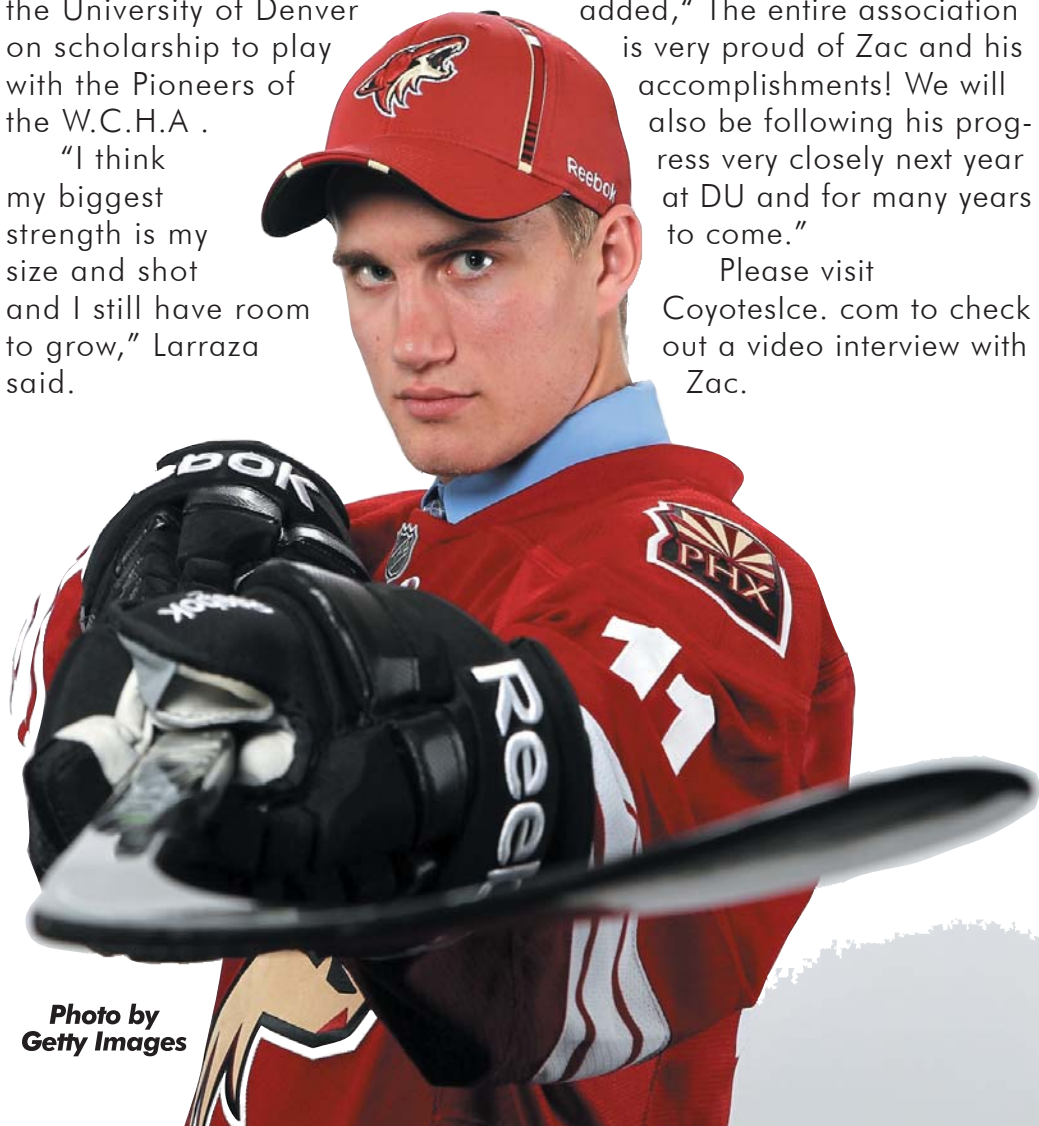


Photo by Getty Images

House Prep Camp Schedule

Mites

| | |
|----------------------|-----------------|
| Wednesday, August 17 | 5:00 - 6:00 PM |
| Saturday, August 20 | 9:30 - 10:30 AM |
| Sunday, August 21 | 12:40 - 1:40 PM |
| Wednesday, August 24 | 5:00 - 6:00 PM |

Squirts

| | |
|----------------------|------------------|
| Wednesday, August 17 | 6:10 - 7:10 PM |
| Saturday, August 20 | 10:40 - 11:40 AM |
| Sunday, August 21 | 1:50 - 2:50 PM |
| Wednesday, August 24 | 6:10 - 7:10 PM |

Peewees

| | |
|---------------------|------------------|
| Monday, August 15 | 5:00 - 6:00 PM |
| Saturday, August 20 | 11:50 - 12:50 PM |
| Sunday, August 21 | 3:00 - 4:00 PM |
| Monday, August 22 | 5:00 - 6:00 PM |

Bantams

| | |
|---------------------|----------------|
| Monday, August 15 | 6:10 - 7:10 PM |
| Saturday, August 20 | 1:00 - 2:00 PM |
| Sunday, August 22 | 4:10 - 5:10 PM |
| Monday, August 22 | 6:10 - 7:10 PM |



GAME ON!
SYHL Made In USA
Labor Day Tournament
September 3 - 5, 2011
BE THERE!

\$10 OFF
any purchase
\$50 or over!

COYOTES
 ICE SPORTS
 Exp. 11-30-11

WHAT'S Coming up CAHA

August

8th - 12th · Jr. Coyotes Fall Season
Prep Camp

15th - 25th · House League Fall
Prep Camp

Sept.

3rd - 5th · SYHL Made in USA
Labor Day Hockey Tournament

See more below!

LIGHTS, CAMERA
ACTION
Take 2

Crossovers

News from across the rink

US FIGURE
SKATING

Pointstreak.com

Remember... your **quickest answer** for House League game & practice times is just a click away!

CAHA Program 2011-12 Timelines

HOUSE PROGRAM

This timeline is provided to CAHA members and potential members for planning purposes. CAHA reserves the right to alter or change some dates if necessary. Please regularly check www.coyotesice.com/youthhockey for updates.

August 15 - 25 · House Prep Camp

August 27 - September 1 · House League Evaluations

September 6 - 9 · House players notified of team and coach

September 10 - 12 · House League practices begin (all divisions)

March 18 · Regular season ends

TRAVEL PROGRAM

This timeline is provided to CAHA members and potential members for planning purposes. CAHA reserves the right to alter or change some dates should this become necessary.

August 8th - 12th · Jr. Coyotes Fall Preseason Travel Camp

August 15th · Jr. Coyotes Travel Team practices begin

September 2nd - 5th · Sonoran League Labor Day Tournament

Season end · To be determined by each individual team